

## NSQCN's Care Coordination Program

If you are living with a complex or chronic health condition, you might be eligible to participate in the Care Coordination Program of North State Quality Care Network (NSQCN).

This free, personalized program can help you improve and maintain your health with self-management techniques and coordination with your individual support team.

Participation is completely voluntary. However, you were identified by a healthcare professional as someone who might benefit from these services.

### The North State Quality Care Network advantage:

Your healthcare provider participates in the North State Quality Care Network. This dedicated group of physicians work together with local hospitals to ensure that you and your family receive the highest quality, most affordable care.

NSQCN has developed the Care Coordination Program to provide personal outreach to patients who might require ongoing support to improve their health.

Please contact me to enroll in our Care Coordination Program, or with any questions or difficulties regarding your healthcare. I will work with your provider to get you help and answers.

### North State Quality Care Network

Phone: (530) 225-7894

Fax: (916) 859-1251

### Debbie Grover, Navigator

530-648-6624-Cell

### Renata Correa, RN, BSN

530-648-6643- Cell



Your care  
coordination team.

Working together for a  
healthier you.

Email: [DignityHealth-ACC-NSQCN@dignityhealth.org](mailto:DignityHealth-ACC-NSQCN@dignityhealth.org)

---



**North State Quality  
Care Network**  
A Dignity Health Member



If you participate in the program, you will receive:

**A dedicated healthcare team**

---

**Monthly contact from your care team**

---

**Personalized support with your healthcare goals**

You will be assigned a registered nurse (RN) care coordinator to provide you with the individual support and assistance you need. He or she will work with your primary care physician with additional support from other care providers as necessary.

Your care team considers you as a whole person and not just as a medical condition. Your team will help you find solutions to issues that may hinder you from improving your health and well-being.

Participation in the program is completely voluntary and confidential, and will not affect your health benefits.

If you decide to participate, someone will call you to set up an appointment with your care coordinator to discuss your personal healthcare needs.

Only you, your physician and your care team know you have been invited to enroll in the program, which you may end at any time you wish.

We will not use or disclose your health information for anything but care coordination purposes.

**Your care coordination team can help you:**

- Get answers to your questions
- Follow your doctor's treatment plans
- Manage medications
- Coordinate your healthcare appointments
- Learn tips for self-care
- Access resources or programs that you need

**If you have questions, please contact us at 530-225-7894.**

If you think you may have a medical emergency, call your doctor, go to the nearest emergency department or call 911 immediately.